

CATHEDRAL

Masses **Mon - Fri 10am**
Sat 10am & 7.30pm (vigil)
Sun 8am, 9.30am, 11am & 12.30pm

Sat 24th 7.30pm – Pat Ryan, Drumalee
-Pat Mc Namara, Killycannon
-Peter Sheridan, Drumnavanagh

Sun 25th 8am – No Intentions

9.30am-Tom & Margaret Crowe, daughters Margaret & Kathleen Crowe, Kilnavara

11am – No Intentions

12.30pm –No Intentions

Mon 26th 10am – Fr Micháel Quinn

Tues 27th 10am –Michael Smith, Creamfield

Wed 28th 10am –Vera & Andy Gilcreest & son Sean,
Cathedral Rd

Thurs 29th 10am – Margaret & Thomas Mc Cabe & sons Sean and Joe Mc Cabe, daughter in law Maureen & deceased members of Mc Cabe family

Fri 30th 10am- Michael Reilly & relatives

Sat 31st 10am – Kathleen Reilly, Ardlougher, Ballinagh

7.30pm – Mary & Joseph Gormley & deceased family members, Ballinamore

Sun 1st Aug 8am –Available for Intentions

9.30am – Paddy & Matt Smith, Rathcorrick, deceased of Smith family, Lisduff & Pat & Mary Ann Maguire Moynehall

11am – Available for Intentions

12.30pm – Tom Tierney, Highfield Rd.
-Sean Leddy, Kesh Rd [Month's Mind Mass] & deceased family members, Crimlin



We remember in our prayers

all who died recently

ST. CLARE'S CHAPEL

Masses
Mon & Wed 7pm
Tues & Thurs 8am

Mon 26th 7pm – Tommy Walsh, Drumalee
Tues 27th 8am – Available for Intention
Wed 28th 7pm – Available for Intention
Thurs 29th 8am – Available for Intention

KILLYGARRY

Masses
Tuesday & Friday 7pm

Tues 27th 7pm – Private Intention
Fri 30th 7pm – Ray & Una Carr, Earlsvale Rd

BUTLERSBRIDGE

Masses
Wednesday & Friday 7.30pm

Wed 28th 7.30pm – Jim & Sheila Hickey, Cork. Harry Condell, Butlersbridge

Fri 30th 7.30pm – Available for Intention

ALONE (Support for Elderly): 0818 222024
AWARE (Support for anxious/depressed): 1800 80 48 48
TERMANN (Domestic Abuse): 085 8102433
PIETA HOUSE (Mental Health) 1800 247 247
SAMARITANS (Someone to Talk to) 116 123
CHILDLINE (Support for Children) 1800 666 666
WOMEN'S AID (Domestic Abuse/Violence) 1800 341 900
MEN'S AID (Domestic Abuse/Violence) 01 5543811
SOSAD phone line 24 hours a day – 049 4326339

Cuan Cancer Support Centre is a social support & wellness group for anyone who has had a cancer diagnosis & their family members. We offer a free & confidential counselling service to our service users & their families by appointment (currently done via phone). Cuan also offers various workshops via zoom; Guided Havening Meditation and learning Reiki are on offer this month. Check out Cuans Facebook page (Cuan Cavan Cancer Support Centre) for more details or contact the centre Mon, Wed & Fri. 10am-1pm & 2-4pm. Ph: 049 8511021/086 4556632 Email: cuan@cavan.ie

SUICIDE BEREAVEMENT SUPPORT GROUP: This group is for anyone who has been bereaved by suicide. Meetings take place every fortnight and continue on Monday 19th July in the Farnham Arms Hotel in Cavan town from 7pm to 9pm. All are welcome. For further information contact SOSAD on 049 4326339

North West STOP invites you to greet the dawn in *Sunrise for STOP* any morning of the bank holiday weekend (31 Jul-02 Aug) to support their free counselling services throughout the Northwest. Sign up at: <https://www.njuko.net/sunrise-for-stop/> to receive a t-shirt/registration pack and follow us on Facebook or Instagram for updates: search for "North West STOP" Access our counselling service by call or text to 086 777 2009

Mary's Meals Cavan would like to sincerely thank those who have donated to the Mary's Meals Tigray Crisis Campaign. The crisis in Tigray continues to rage with over 1.4 million children now out of school. Mary's Meals is continuing to support the provision of food to thousands, but as the crisis continues to widen and escalate, your support and generosity to the Mary's Meals campaign becomes even more necessary. In order for Mary's Meals to be able to continue to provide food to children and their families, please donate what you can at www.marysmeals.ie or contact Caoimhe at (086) 3745756. Please continue to pray for a de-escalation of the conflict and for peace in the region.

