

CATHEDRAL

Masses **Mon - Fri 10am**
Sat 10am & 7.30pm (vigil)

Sun 8am, 9.30am, 11am & 12.30pm

Sat 17th 7.30pm – Denis O’Keeffe, Harmony Heights & Ignatius Roache, Enniskillen
-Tommy & Kathy Hueston & deceased of Hueston & Flynn families, Belturbet
-John Cunningham

Sun 18th 8am – No Intentions

9.30am-Deceased Holy Rosary Sisters

11am – John O’Halloran, Dessie Dunne, Mary Dunne & Joseph Dunne, St Phelim’s Place
-Clare Leggett, Castlemanor

12.30pm –Con Smith, Butlersbridge

Mon 19th 10am – Annie Joseph
-Special Intention

Tues 20th 10am –Jim Drumm & Susan Bermingham

Wed 21st 10am –Philip & Kathleen Murray, College St

Thurs 22nd 10am – Nicole Benn, The Gallops

Fri 23rd 10am- Jim O’Leary

Sat 24th 10am – Terry Carty

7.30pm – Pat Ryan, Drumalee
-Pat Mc Namara, Killycannon
-Peter Sheridan, Drumnavanagh

Sun 25th 8am –Available for Intentions

9.30am – Tom & Margaret Crowe, daughters Margaret & Kathleen Crowe, Kilnavara

11am – Available for Intentions

12.30pm – Available for Intentions



We remember in our prayers

MICHAEL MC CABE, Lisacullion,
Castleblaney, brother of Ann Gilmartin,
Drumlark

FR EDDIE BRADY, Coratubber

PADDY MULLIGAN, London, brother of Bartley,
Cathedral Rd.

& all who died recently

ST. CLARE'S CHAPEL

Masses

Mon & Wed 7pm
Tues & Thurs 8am

Mon 19th 7pm – Elizabeth & Matthew Fay, Main St. & Convent House, Mary Kate Murphy, Church View & Kathleen Rafferty, Elm Grove

Tues 20th 8am – Available for Intention

Wed 21st 7pm – Tomas O’Connor, Castlemanor [Month’s Mind]

Thurs 22nd 8am – Available for Intention

KILLYGARRY

Masses

Tuesday & Friday 7pm

Tues 20th 7pm – Barney & Kathleen Lynch, Crubany

Fri 23rd 7pm – Luke & Kathleen Fitzpatrick

BUTLERSBRIDGE

Masses

Wednesday & Friday 7.30pm

Wed 21st 7.30pm – Private Intention

Fri 23rd 7.30pm – Private Intention

ALONE (Support for Elderly): 0818 222024

AWARE (Support for anxious/depressed): 1800 80 48 48

TERMANN (Domestic Abuse): 085 8102433

PIETA HOUSE (Mental Health) 1800 247 247

SAMARITANS (Someone to Talk to) 116 123

CHILDLINE (Support for Children) 1800 666 666

WOMEN'S AID (Domestic Abuse/Violence) 1800 341 900

MEN'S AID (Domestic Abuse/Violence) 01 5543811

SOSAD phone line 24 hours a day – 049 4326339

Cuan Cancer Support Centre is a social support & wellness group for anyone who has had a cancer diagnosis & their family members. We offer a free & confidential counselling service to our service users & their families by appointment (currently done via phone). Cuan also offers various workshops via zoom; Guided Havening Meditation and learning Reiki are on offer this month. Check out Cuans Facebook page (Cuan Cavan Cancer Support Centre) for more details or contact the centre Mon, Wed & Fri. 10am-1pm & 2-4pm. Ph: 049 8511021/086 4556632 Email: cuan@cavan.ie

SUICIDE BEREAVEMENT SUPPORT GROUP: This group is for anyone who has been bereaved by suicide. Meetings take place every fortnight and continue on Monday 19th July in the Farnham Arms Hotel in Cavan town from 7pm to 9pm.

All are welcome. For further information contact SOSAD on 049 4326339

North West STOP invites you to greet the dawn in *Sunrise for STOP* any morning of the bank holiday weekend (31 Jul-02 Aug) to support their free counselling services throughout the Northwest. Sign up at: <https://www.niuko.net/sunrise-for-stop/> to receive a t-shirt/registration pack and follow us on Facebook or Instagram for updates: search for "North West STOP" Access our counselling service by call or text to 086 777 2009

Free & Confidential support service on all aspects of Deafness & Hearing Loss. Clinic dates – July 20, Aug 17 & Sept 21 – By appointment only at Teach Oscail, 31 Church St., Cavan. Contact Caroline 042 9332010 or email: dundalk@chime.ie