

Masses online
see separate notice on page 1

Sat 14th 7.30pm – Brian, Tommy, Brother Clement, Margaret & Bernard Brady, Greenfield
– Tom Clarke, Killymooney Drive
– Jenny & John Keegan & deceased of Keegan & Kearney families

Sun 15th 9.30am – Patricia Carragher, Castlemanor
– November List of the Dead
– Eugene Jermyn, Swellan Lr.

11am – Peter Lee, Shankill
– Michael Leddy, Wolfe Tone St.
– Deceased of Nealon family
– Tommy, Terry, Tommy Snr & Janie Smith, Butlersbridge
– Francis Cahill, Glasdrumman & Patrick & Margaret Ruddy
– Peadar & Clare Cassidy, Moynehall
– Peter & Rose Mc Caffrey, Cois na hAbhainn

Mon 16th 10am – Kate & Patrick Lynch
7pm – Rose & Benny Markey, Cootehill

Tues 17th 10am – Philip & Margaret Kiernan, Tycusker, Arva & deceased family members. Mai & Sean Boyle, Cullies

7pm – Cathedral Donors
– Deceased of Cullivan family, Wolfe Tone St.

Wed 18th 10am – Bernard & Margaret Cronin, Annaghlough; Eamon, Bertie, Sean & Joan Cronin, also Simon, Sean & Martina
7pm – Deceased of Mc Barron family, Ballyconnell & deceased of Costello family, Galway

Thurs 19th 10am – Patrick Traynor
– November List of the Dead
7pm – Josie & Benny Carolan, Cathedral Rd.
– Owen Mallon, Jubilee Tce & grandsons John Paul, Pauric & Aaron

Fri 20th 10am – Deceased of Reilly & Sheridan families, Ardrougher & Urney, Ballinagh
7pm – Nancy Quinn, Dublin
– Eileen & Patrick Graham, Tullacmongan
– Margaret Lee, Drumcrave
– Baby Brody & Baby Kayson [Month's Mind]

Sat 21st 10am – Mary Glavey, Drumalee

7.30pm – John Fitzpatrick, Highfield Rd
– John Fee, Highfield Rd
– Katie & Charlie Coyle, Athbara & deceased family members
– Niall Smyth, Drumnavanagh [Month's Mind]

Sun 22nd 9.30am – Kitty Martin
– November List of the Dead

11am – Tony & Karen Lynch & Thomas Bunton, Meadow Park
– Thomas Connolly, Drumelis
– Teresa Cawley, O'Raghallaigh Park
– Edward Sharkey & grandson Gerard Campbell, St Phelim's Place
– November List of the Dead

Covid 19 support line for older people

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance. The support line is open seven days a week, 8am - 8pm by calling **0818 222 024**. (price of local call)



We remember in our prayers
EILEEN DONOHOE, Killeshandra
mother of Mary Hanrahan,
Chrissie Ivers & Emmie O'Reilly
& all who died recently

Pioneer Magazine available – please contact
089 230 6690 or 049 4362615.

AL ANON – Monthly meetings will resume on
Wednesday after Level 5 restrictions are lifted.

SAMARITANS Freephone 116123

SOSAD phone line 24 hours a day – 049 4326339

CYMS Annual General Meeting will take place in the
Clubrooms on Thursday 26th November 2020 at 7.30 pm.

Sleep Out Cavan We are in need of winter clothing – coats, jumpers, hoodies, new socks and underwear for men, women and children. With the weather getting colder and the long nights we need to stock up on clothing for homeless people. Thank you for your continued support to Sleep Out Cavan. Please contact Michael at 085 7742027.

Deafness and Hearing Loss Support

Free and confidential support service on all aspects of deafness and hearing loss. Clinics on 17 November & 15 December in Teach Oscail Family Resource Centre at 31 Church St, Cavan. By appointment only – tel: 042 9332010

Do you want to re-train to re-enter the workforce? Are you out of work due to illness, disability or a personal setback? ICT Skills is a level 4 programme designed to support people who have faced a long-term barrier to employment to re-train and re-enter the workforce. Participants may qualify for a training allowance (depending on eligibility criteria). Benefits include a work placement, training plan, personalised support and QQI certification. Please telephone Mary on 049 4377038 for more information.

Cuan Cavan Cancer Support Centre.

Cuan Cavan Cancer Support Centre are now offering the following courses/groups for new or existing service users: Virtual Support Group, an informal group where you could virtually meet other service users of Cuan, where you could chat, share and connect and in time provide peer support, through shared experiences, or share knowledge gained. We are also running an online Healthy Living Course which also includes Yoga and Mindfulness on the 9th of November at 10am in conjunction with the CMETB. Finally for November Look Good Feel Better a make-up and Skin Care Workshop will run on the 25th November at 11am. All groups will be online through Zoom as this is necessary at this time. If you are unfamiliar with Zoom then Miriam is ready to help you with that. Our Counselling Services are still available by appointment. If you are interested or require further information on any of the above or any of our services contact Miriam on 086-4556632 Mon- Fri 9am - 4pm or on 049/8511021 and cuan@cavan.ie during office hours: Mon & Tue 8am - 3pm, Wed 8am – 2pm