

CATHEDRAL Masses **Monday – Saturday 10am**
Sunday 9.30am & 11.30am; Vigil Saturday 7.30pm
Ash Wednesday 1.05pm

Sat 2nd 7.30pm – Rosaleen Smith, Fairview
– Mary, Eileen & Packie Carroll & deceased of Connors family, College St.
– Deceased members of Brady family, Corlurgan

Sun 3rd 9.30am – People of the Parish

11.30am – Joe & Mary Masterson, Drumbar
– Patricia Mitchell, Laragh Crescent
– Kathleen & Jack Sullivan, Sonny & Maisie Magee, John & Jane Galligan
– Fr Patsy Young, Billis

Mon 4th 10am – Cathedral Donors

Tues 5th 10am – Paul Coyle, Crubany

Wed 6th Ash Wed. 10am – Edward & Rose Reilly
1.05pm – Available for intention

Thurs 7th 10am – Don Farrelly & deceased family members, Kilmaleck

Fri 8th 10am – Ruairi Mc Nicolas, London

Sat 9th 10am – Lula Keogan, Beherna, Virginia

7.30pm – Lily Galvin, Drumnavanagh [Month's Mind]
– Patrick Mc Gowan, Highfield Rd [Month's Mind]
– John Mc Caffrey, Swellan & deceased of Mc Caffrey family

– Eamon Brady, Drumalee, son Eamon, Glenageary & deceased of Brady & Sheridan families
– Mary Geary, Ballymacenroe

Sun 10th 9.30am – William Tracey, Drumalee
– Molly, Mary & Bernard Higgins, Drumalee
– Bridget Corrigan

11.30am – Brendan, Catherine & John Coulter
– Hughie Cosgrove, St Martin's Est., Patrick, Susan & John Cosgrove, Lakeview

ST. CLARE'S CHAPEL Masses **Sunday 9am**
Tuesday 8am Mon & Tues 7.30pm
Wed – Fri 7.30am Thurs, Fri 1.05pm

Sun 3rd 9am – Margaret Smith, Banaho, Carrickaboy
– Abigail Kelly, Cavan & Joe Kinsella, Keady

Mon 4th 7.30pm – Deceased members of Eucharistic Adoration

Tues 5th 8am – Available for Intention

7.30pm – Anna Mc Cormack & deceased members of Fox family

Ash Wed 6th 7.30am – Bridget Lyons, Clonervy, Poles

Thurs 7th 7.30am – Special Intention

1.05pm – Emma Dunne, Harmony Heights

Fri 8th 7.30am – Noel Fox, Westmeath & Maureen Lynch, Oldcastle
1.05pm – Available for Intention

Sun 10th 9am – Available for Intentions

Cuan Cancer Support Centre based at 2 Keadue Lane, Cavan is open to anyone who has had a cancer diagnosis & their family members. Cuan offers a range of services including counselling, complimentary therapies, gentle exercises & other supports. Cuan Drop-In service is open on Monday, Wednesday & Friday from 10-1 & 2-4. All services are free & confidential. For more information contact 086 4556632 or 049 8511021 or check out our Facebook page Cuan Cancer Social Support Group.

Cuan Cancer Support group are looking for volunteers – can you help?

AI Anon: If your home is unhappy because someone drinks too much – we can help you. Phone 087 9236462 for further details.
Weekly meetings in the Pastoral Centre every Wednesday, 8.30pm

Cavan ICA Meeting in Day Centre, Cathedral Rd. Wednesday 6th February at 8pm- Talk on Photograohy. New members welcome.

Irish Cancer Society's Volunteer Driver Service is available to patients attending Cavan General Hospital for chemotherapy treatment and is completely free to the patient – a driver will pick you up at the door of your home and bring you to the hospital and then after treatment bring you home. Please speak to the oncology team.

Gentle Aerobics class for over 50's every Fri in Cavan Gaels GAA clubrooms, 11am – 12 noon. More info from Paddy 086 1500871

KILLYGARRY Masses **Sunday 10am**
Wed. & Friday 7.30pm

Sun 3rd 10am – Tom & Gretta Galligan, Pullamore & deceased of Galligan & Brady families
– Edward O'Reilly
– John Smith, Crubany

Ash Wed 6th 7.30pm – Available for Intention

Fri 8th 7.30pm – Peter Higgins, Drumalee

Sun 10th 10am – Jim & Sheila Burke, Drumnavanagh

– Gerard Reilly, Crubany

– Betty Brides, Keadue

BUTLERSBRIDGE Masses **Sunday 8.30am, 10.30am**
Wednesday 7.30pm

Sun 3rd 8.30am – No Intentions

10.30am – Michael, Margaret, Gerard & Anthony Mc Gearty, Innishmore
– Patsy & Kitty Mc Entee, Drumcrow

Ash Wed. 6th 7.30pm – Pee, Rose, Nora & Hugh Leddy, Drumsilla

Sun 10th 8.30am – John Connolly, Daggan

10.30am – Charlie & Gerard Mundy, Deredis
– Dora Dempsey, Drumalee

RESOURCE CENTRE *Mass Sunday 12noon*

Sun 3rd 12 Noon – Brendan & Kevin Kelly, Killymooney Drive & John O'Leary, Cootehill

Sun 10th 12 Noon – People of the Parish



We remember in our prayers
all who died recently.

Samaritans Freephone **116123** or text **087 260909**

Sum of Money found in Cathedral car park on Monday 25th Feb.
– please contact the Presbytery 049 4331404

Do you want to re-train to re-enter the workforce? Are you out of work due to illness, disability or a personal setback? ICT Skills is a level 4 programme designed to support people who have faced a long-term barrier to employment to re-train and re-enter the workforce. Participants on this programme may qualify for a training allowance (depending on eligibility criteria). Benefits to this programme include a work placement, training plan, personalised support and QQI certification. Telephone Mary on 049 4377038 for more information.

National Council for the Blind-Coffee Morning on Thursday 14th March, 10am-2pm, in Charity Shop, Cavan Town. Your support would be much appreciated. For further information contact Siobhan, 087 7725949

Stresscontrol: Want to learn ways to recognize the signs of stress and learn helpful tips to manage it more effectively, then come along to stress control, a HSE Connecting for Life initiative. Stresscontrol talks will run over 6 weeks in Cavan Institute commencing on Tuesday February 5th (6.30pm - 8.00pm) and Cavan Town Library commencing Wednesday February 6th at (10.00am -11.30am). Classes are free. Workbooks, tea, coffee and biscuits will be provided.

Pilgrimage to Medjugorje July 11th – July 18th. From Dublin. €675 pps fully inclusive for 7 nights .Contact Marian Kane , Monaghan for booking reservation, 087 2713260

Day of Reflection on care of the earth:

A special Day of Reflection on caring for the earth will be held on Shrove Tuesday at the Kilmore Diocesan Pastoral Centre, Cavan. The day will be facilitated by Sr Nellie McLoughlin, a well-known speaker and author on the subject of spirituality and ecology. The day begins in the Pastoral Centre at 11am and concludes around 4pm. Voluntary contribution. To book a place phone the pastoral centre at 049-4375004 or email pastoralcentre@kilmorediocese.ie