

## CATHEDRAL *Masses Monday – Saturday 10am*

*Sunday 9.30am & 11.30am; Vigil Saturday 7.30pm*

**Sat 2<sup>nd</sup> 7.30pm** – Frankie Walsh, Regaskin  
– John & Maisie Maguire, Bridge St & Farnham Rd.  
– Paddy Gaffney, Cathedral Rd.

**Sun 3<sup>rd</sup> 9.30am** – No Intentions  
11.30am – Edmund Palomares  
– Joe & Mary Brady, Ballymacenroe  
– Patrick & Mary Mc Carthy, Drumalee

**Mon 4<sup>th</sup> 10am** – Ann, Eddie, Henry & Kate Sheridan, Jubilee Tce & Manchester

**Tues 5<sup>th</sup> 10am** – Cathedral Donors

**Wed 6<sup>th</sup> 10am** – Deceased members of Reilly & Leddy families

**Thurs 7<sup>th</sup> 10am** – Mick Conaty & deceased family members

**Fri 8<sup>th</sup> 10am** – John & Catherine Lynch, Stragella

**Sat 9<sup>th</sup> 10am** – Monica & Donald Culhane, Keadue Lane

7.30pm – Mary Lyons [Month's Mind] & Liam Lyons,  
Drumclark

– Tommy Mc Hugh, Highfield Rd.

– Jack, Mary Ann, Tony & Patsy Kerrigan; Jim

McCabe, Drumbo & Tommy Mc Cutcheon, Annaglough

**Sun 10<sup>th</sup> 9.30am** – Emer O'Reilly, St. Phelim's Place

– Dympna Brady, St Phelim's Place

– Mary Mc Keown

11.30am – Paddy & Jennifer Sheridan; Michael & Tom  
Donohoe

– Kathleen Flood, Billis

– Des Scanlon, Corlurgan

**ST. CLARE'S CHAPEL** *Masses Sunday 9am  
Tuesday & Thursday 8am  
Monday - Thursday 7.30pm  
Friday 8pm*

**Sun 3<sup>rd</sup> 9am** – No Intentions

**Mon 4<sup>th</sup> 7.30pm** – Bartle Galligan, Aughacooney, Ballinagh

**Tues 5<sup>th</sup> 8am** – Available for Intention

7.30pm – Charlie, Margaret, Annie, Bidy & Rosaleen

Jackson, Fairview & Lily Cronin & deceased family members

**Wed 6<sup>th</sup> 7.30pm** – Tom & Helen Mc Sherry, Cormeen, Ballinagh

**Thurs 7<sup>th</sup> 8am** – Available for Intention

7.30pm – Anne Clarke, Drummurry, Crossdoney

**Fri 8<sup>th</sup> 8pm** – Shane Donnelly, Cavan

**Sun 10<sup>th</sup> 9am** – People of the Parish

**KILLYGARRY** *Masses Sunday 10am  
Friday 7.30pm*

**Sun 3<sup>rd</sup> 10am** – Derek Manning

**Fri 8<sup>th</sup> 7.30pm** – Jimmy & Mary Mallon, Owen Roe Tce

**Sun 10<sup>th</sup> 10am** – Lena Gumley, Shankill Up

– Baby Lisa Mc Caffrey & deceased of

McCaffrey family, Killynebbber & deceased of

Heffernan family, Listowel

**BUTLERSBRIDGE** *Masses Sunday 8.30am, 10.30am  
Wednesday 7.30pm*

**Sun 3<sup>rd</sup> 8.30am** – People of the Parish

10.30am – Oliver & Raymond O'Reilly, Drumahurk

– Ann & Brian Mc Donald, Carrickane

– Moyra O'Rourke, nee Elliott

**Wed. 6<sup>th</sup> 7.30pm** – St Peregrine Mass

**Sun 10<sup>th</sup> 8.30am** – Available for Intentions

10.30am – Hugh & Mary Kelly & deceased members of  
Kelly & Boyle families

– Michael Cryan, Butlersbridge; Mick & Mary

Foynes, Butlersbridge

– Paddy Reilly, Pine View, Lisdarn & deceased  
family members

**RESOURCE CENTRE** *Mass Sunday 12noon*

**Sun 3<sup>rd</sup> 12 Noon** – Peter & Elizabeth Tuffy

**Sun 10<sup>th</sup> 12 Noon** – John Cassidy, Earlsvale Road & grandson

Donogh Elliott

– John & Dorothy O'Rourke, St Martin's Estate



We remember in our prayers  
**LILY GALVIN, Drumnavanagh**  
& all who died recently.

**Cuan Cancer Support Centre** based at 2 Keadue Lane, Cavan is open to anyone who has had a cancer diagnosis & their family members. Cuan offers a range of services including counselling, complimentary therapies, gentle exercises & other supports. Cuan Drop-In service is open on Monday, Wednesday & Friday from 10-1 & 2-4. All services are free & confidential. For more information contact 086 4556632 or 049 8511021 or check out our Facebook page Cuan Cancer Social Support Group.

**Al Anon:** If your home is unhappy because someone drinks too much – we can help you. Phone 087 9236462 for further details. Weekly meetings in the Pastoral Centre every Wednesday, 8.30pm

**Asthma Society** is very grateful to the people of Killygarry who contributed €170 at last Sunday's church gate collection

**Cavan ICA** Wednesday 6th February at 8.30pm- Guild Night. in Social Services Centre, Cathedral Rd. Federation meeting in Hotel Kilmore on Wed. 13th January at 8pm. Please note - No branch meeting on 13th January

**Cavan Social Services** - All activities have resumed in the Day Centre, Cathedral Road

Mon : Gentle exercises 10.30-11; Relaxation Classes 11 -12noon  
Painting 2-4pm

Tues : Tai Chi 11-12; Nordic Pole walking 1.30-2.30pm

Wed : Beginners whist 10.30-12noon; Arts & Crafts 3-5pm

**Irish Cancer Society's** Volunteer Driver Service is available to patients attending Cavan General Hospital for chemotherapy treatment and is completely free to the patient – a driver will pick you up at the door of your home and bring you to the hospital and then after treatment bring you home. Please speak to the oncology team.

**Samaritans** Freephone **116123** or text **087 2609090**

Do you want to re-train to re-enter the workforce? Are you out of work due to illness, disability or a personal setback? ICT Skills is a level 4 programme designed to support people who have faced a long-term barrier to employment to re-train and re-enter the workforce. Participants on this programme may qualify for a training allowance (depending on eligibility criteria). Benefits to this programme include a work placement, training plan, personalised support and QQI certification. Telephone Mary on 049 4377038 for more information.

**Cavan Drama Festival** will be moving to Ballinagh Community Hall from March 23rd – 30th. To ensure that this historic celebration of amateur drama – the second oldest in the country continues, the Festival committee reminds existing patrons to please return €10(single) or €12 (Couple) as soon as possible, along with their name as they would like it to appear in the programme. New patrons are most welcome – those interested should contact Brigid 087 2238960

**Stresscontrol:** Want to learn ways to recognize the signs of stress and learn helpful tips to manage it more effectively, then come along to stress control, a HSE Connecting for Life initiative. Stresscontrol talks will run over 6 weeks in Cavan Institute commencing on Tuesday February 5th (6.30pm - 8.00pm) and Cavan Town Library commencing Wednesday February 6th at (10.00am -11.30am). Classes are free. Workbooks, tea, coffee and biscuits will be provided.

Sosad volunteers Doris Fitzpatrick MA ,BA ,HDip (counselling) and Mary Elliott BA(hons) in Counselling & Psychotherapy; Dip. Counselling; SRN are facilitating a 6 week support group for individuals and families bereaved by suicide from 4th Feb from 8 to 9pm at 26 Bridge street.

People can talk, listen sensitively or just be there in companionship. Coping with the loss of a loved one to suicide is one of the most challenging and distressing of all grief experiences. Doris and Mary will answer any questions as far as possible.

This group is free. If anyone would like any further details contact the office on 049 4326339 .