

## CATHEDRAL Masses Monday – Saturday 10am Sunday 9.30am & 11.30am; Vigil Saturday 7.30pm

**Sat 9<sup>th</sup>** 7.30pm – Mary Lyons, Drumlark [*Month's mind*] & Liam Lyons, Drumlark  
– Tommy Mc Hugh, Highfield Rd.  
– Jack, Mary Ann, Tony & Patsy Kerrigan & Jim McCabe, Drumbo & Tommy McCutcheon, Annaglough  
– Angela Kerssbeeck, Kilnavara

**Sun 10<sup>th</sup>** 9.30am – Emer O'Reilly, St. Phelim's Place  
– Dympna Brady, St Phelim's Place  
– Mary Mc Keown  
11.30am – Paddy & Jennifer Sheridan & Michael & Tom Donohoe  
– Kathleen Flood, Billis  
– Des Scanlon, Corlurgan

**Mon 11<sup>th</sup>** 10am – Mary, John & Paul O'Reilly, & deceased family members, Corlough

**Tues 12<sup>th</sup>** 10am – Available for intention

**Wed 13<sup>th</sup>** 10am – Special intention

**Thurs 14<sup>th</sup>** 10am – Ellen Rose, James & Frances Joseph Cafferty

**Fri 15<sup>th</sup>** 10am – Available for intention

7.30pm – Mass of Atonement  
**Sat 16<sup>th</sup>** 10am – Raymond O'Reilly & deceased of O'Reilly & Carolan families

7.30pm – Patrick Sheridan & Mary Sheridan, Granard  
– Frank & Josie Hanley  
– Eddie Brady, Urney, Ballinagh [*Month's mind*]  
– Peter McCaffrey, Jnr St. Martin's Est [*Month's mind*]

**Sun 17<sup>th</sup>** 9.30am – Thomas Cullivan, Keadue Lane  
– Lisa Fay, Swellan

11.30am – Denis & Philomena O'Keeffe, Billis & Denis O'Keeffe, Harmony Hgts  
– Jimmy Coyle, College St

## RESOURCE CENTRE Mass Sunday 12noon

**Sun 10<sup>th</sup>** 12noon – John Cassidy, Earlsvale Road & grandson Donogh Elliott  
– John & Dorothy O'Rourke, St. Martin's Est

**Sun 17<sup>th</sup>** 12noon – Available for intentions



We remember in our prayers  
**PADDY MCGOWAN, Highfield Rd**  
and all who died recently.

**Al Anon:** If your home is unhappy because someone drinks too much – we can help you. Phone 087 9236462 for further details. Weekly meetings in the Pastoral Centre, Cullies Wednesdays at 8.30pm

**Cavan ICA** Federation meeting in Hotel Kilmore Wed 13<sup>th</sup> Feb at 8pm. Please note - No branch meeting on 13<sup>th</sup> Feb

**Cavan IFA AGM** on Mon 11 Feb in Lavey Inn, Stradone at 8.30pm. Guest speaker Joe Healy, IFA President.

**Cavan Social Services** - All activities have resumed in the Day Centre, Cathedral Rd Mon: Gentle exercises 10.30-11am; Relaxation Classes 11 -12noon; Painting 2-4pm  
Tues: Tai Chi 11am-12; Nordic Pole walking 1.30-2.30pm  
Wed: Beginners whist 10.30-12noon; Arts & Crafts 3-5pm

**Cuan Cancer Support Centre** based at 2 Keadue Lane, Cavan is open to anyone who has had a cancer diagnosis & their family members. Cuan offers a range of services including counselling, complimentary therapies, gentle exercises & other supports. Cuan Drop-In service open Monday, Wednesday & Friday 10am – 1pm & 2pm – 4pm. All services are free & confidential. For info contact 086 4556632 or 049 8511021 or check out Facebook page Cuan Cancer Support Group

**Gentle Aerobics** class for over 50's every Fri in Cavan Gaels GAA clubrooms 11am – 12noon. More info from Paddy 0861500871

## KILLYGARRY Masses Sunday 10am Friday 7.30pm

**Sun 10<sup>th</sup>** 10am – Lena Gumley, Shankill Upr  
– Baby Lisa Caffrey & deceased of Caffrey family, Killynebbber & deceased of Heffernan family, Listowel

**Fri 15<sup>th</sup>** 7.30pm – Austin Reilly, Pullamore

**Sat 16<sup>th</sup>** 12.30pm – John Nallen, Cullies [*Month's mind*]

**Sun 17<sup>th</sup>** 10am – People of the Parish

## BUTLERSBRIDGE Masses Sunday 8.30am, 10.30am Wednesday 7.30pm

**Sun 10<sup>th</sup>** 8.30am – No intentions  
10.30am – Hugh & Mary Kelly & deceased members of Kelly & Boyle families  
– Michael Cryan, Butlersbridge, & Mick & Mary Foynes, Butlersbridge  
– Paddy Reilly, Pine View, Lisdarn & deceased family members, Cavan

**Wed 13<sup>th</sup>** 7.30pm – Doireann O'Brien, Cloverhill & Farnham

**Sun 17<sup>th</sup>** 8.30am – Annie & Sean Fitzpatrick, Butlersbridge & James, Kate & Sr. Mary Vincent O'Rourke

10.30am – Brendan Farrell, Butlersbridge  
– Ambrose Shannon & Martin, Kathleen & Seamus Duffy, Butlersbridge

## ST. CLARE'S CHAPEL Masses Sunday 9am

**Tuesday & Thursday 8am Monday - Thursday 7.30pm Friday 8pm**

**Sun 10<sup>th</sup>** 9am – People of the Parish

**Mon 11<sup>th</sup>** 7.30pm – Frank, Annie & Kevin O'Rourke, Drumlion, Ballinagh

**Tues 12<sup>th</sup>** 8am – Available for Intention  
7.30pm – Susan & Peter Smith, Ballyhaise & deceased of Rehill & Smith families

**Wed 13<sup>th</sup>** 7.30pm – Michael Smith, Drumbo & Maria Cheung, Drumbo

**Thurs 14<sup>th</sup>** 8am – Available for Intention  
7.30pm – Frank & Katie Ellis & deceased of Ellis, Ryce & McKeever families

**Fri 15<sup>th</sup>** 8pm – Mary Fay, Earlsvale Rd

**Sun 17<sup>th</sup>** 9am – Delia & Terry Murphy, Fairview & Jackie Murphy, Tullamongan [*Month's mind*]  
– Colin Waters

**Irish Cancer Society's** Volunteer Driver Service is available to patients attending Cavan General Hospital for chemotherapy treatment and is completely free to the patient – a driver will pick you up at the door of your home and bring you to the hospital and then after treatment bring you home. Please speak to the oncology team.

**Samaritans** Freephone **116123** or text **087 2609090**

**Do you want** to re-enter the workforce? Are you out of work due to illness, disability or a personal setback? ICT Skills is a level 4 programme designed to support people to re-train and re-enter the workforce. Participants may qualify for training allowance (depending on eligibility criteria). Work placement, training plan and QQI certification. Telephone Mary on 049 4377038 for more information.

**Stress control:** Want to learn ways to recognize the signs of stress and learn helpful tips to manage it more effectively, then come along to stress control, a HSE Connecting for Life initiative. Stress control talks will continue for 5 weeks in Cavan Institute on Tuesdays (6.30pm - 8.00pm) and Cavan Town Library commencing Wednesday February 6th at (10.00am - 11.30am). Classes are free. Workbooks, tea, coffee and biscuits will be provided.